

**Integrating Positive Psychology and the Therapeutic Use of Magic
into Traditional Cognitive-Behavioral Therapy with Youth**

WED., NOV. 29, 2017 | 9:00 A.M. – 4:30 P.M. | UPPER MAIN DINING HALL, NAZARETH STUDENT CENTER, MARYWOOD UNIVERSITY

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REGISTRANT INFORMATION:

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Professional Discipline _____

PROFESSIONAL CONTINUING EDUCATION CONTACT:

Carolyn M. Bonacci, Director
570.340.6061 • contedu@marywood.edu

HOW TO REGISTER:

- **Register online** at www.marywood.edu/contedureg
- **Register in person** with cash or a check. Professional Continuing Education is located at the Swartz Center on University Avenue.
- **Register by mail** with a check or credit card.
Mail to: Professional Continuing Education
Marywood University
2300 Adams Avenue
Scranton, PA 18509
- **Register by fax.** If your agency is paying for the registration, please include an authorization letter to bill the agency.
Fax: 570.961.4798
- **Register by phone** with Visa, MasterCard, or Discover.
Call 570.340.6061

PROGRAM FEE \$125

Program fee includes continental breakfast and lunch.

INDICATE METHOD OF PAYMENT:

CASH Amount \$ _____

CHECK Amount \$ _____
(Payable to Marywood University.)

CREDIT CARD Amount \$ _____

Charge to: MasterCard Visa Discover

Author. # _____

3-Digit Security Code _____ Expiration Date _____

Signature _____

TOTAL AMOUNT DUE \$ _____

Bill Agency Authorization letter must be attached. Agency registrations will not be processed without letter of authorization.

I understand and agree that if, for any reason, my employer refuses payment, if I take leave of my present place of employment, or if I withdraw from the course after the 100 percent cancellation period, I will be responsible for the immediate and full payment of registration fees due.

Any cancellation one week or more prior to a program will receive a 100 percent refund. No credit for billed or paid registrations will be given after the one-week deadline.

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Integrating Positive Psychology and the Therapeutic Use of Magic into Traditional Cognitive-Behavioral Therapy with Youth

By

David Palmiter, Ph.D., ABPP

Wednesday, November 29, 2017

9:00 A.M. – 4:30 P.M.

PROGRAM DESCRIPTION

Cognitive behavioral psychology (CBT) manages or heals internalizing symptoms such as depression and anxiety. Alternatively, positive psychology interventions promote joy and meaning. Traditionally, youth being treated for internalizing symptoms, within an evidence-based practice, have only received the former. The training will offer clinicians specific methods for weaving positive psychology interventions into traditional CBT. Participants will also be taught how to effectively weave magic into evaluation and treatment protocols in order to facilitate the alliance, promote competency, facilitate behavioral contracts, de-escalate kids who feel overwhelmed, and promote an assortment of clinical teaching points.

LEARNING OBJECTIVES

Upon completion of this training, the trainee will be able to:

- Teach kids and teens how to use gratitude to lift their moods
- Identify and promote the deployment of their teen and child clients' competencies
- Promote a way of thinking in child and teen clients that leaves them more prepared for post-traumatic growth
- Help children and teens to learn to use acts of kindness to promote their wellness
- Deploy magic in clinical work with teens and adolescents in order to facilitate several important clinical goals

SATISFACTORY COMPLETION: Participants must pay tuition fee, sign in, attend the entire seminar, complete an evaluation, and sign out in order to receive a certificate of completion. Participants not fulfilling these requirements will not receive a certificate. Failure to sign in or out will result in forfeiture of credit for the entire workshop. No exceptions will be made.

PROGRAM AGENDA

8:30 AM	Registration
9:00 AM	Setting a Context, Reviewing an Evidence Based Evaluation Protocol
10:30 AM	Break
10:45 AM	Use of Magic and the Development of Competencies
12:00 PM	Lunch
1:00 PM	Using Gratitude and Acts of Kindness Teaching Youth How to Apply Crisis = Pain + Opportunity to Promote a Resilient Mindset
2:30 PM	Break
2:45 PM	Promoting Adherence and Responding to Resistance Q&A
4:30 PM	Program Concludes

DISCLOSURES: Guidelines exist whereby all speakers must disclose and relevant relationships.

FINANCIAL: David Palmiter, Ph.D., ABPP is receiving a stipend. He also has a book on the market which covers some of the same material as this presentation.

NON-FINANCIAL: David Palmiter, Ph.D., ABPP has no relevant non-financial relationships to disclose.

ABOUT THE PRESENTER

DAVID PALMITER, PH.D., ABPP

David Palmiter is a psychology professor at Marywood University and a board certified practitioner. Dr. Palmiter is a fellow of the American Psychological Association, the Pennsylvania Psychological Association, and the American Academy of Clinical Psychology, as well as a past president of the Pennsylvania Psychological Association. He has authored two books on promoting resilience and wellness in children and teens. He has given hundreds of professional continuing education workshops for organizations like the American Psychological Association, the Master Therapist Series at the University of Connecticut, and the Children's Hospital of the King's Daughters. Dr. Palmiter has also completed hundreds of media projects for outlets such as CNN, *USA Today* and *The Wall Street Journal*.

His website can be found at www.helpingfamilies.com, while his blog is at www.hecticparents.com and his Twitter monicker is [@HelpingParents](https://twitter.com/HelpingParents).

Marywood University is a Tobacco-Free Campus.

For better health, smoking and use of tobacco products are prohibited everywhere on Marywood's campus.

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WHO SHOULD ATTEND

COUNSELORS
EDUCATORS
PSYCHOLOGISTS
SOCIAL WORKERS

PROFESSIONALS SEEKING INFORMATION IN THIS FIELD

CONTINUING EDUCATION CREDITS

COUNSELORS

Marywood University, Professional Continuing Education has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 4081. Programs that do not qualify for NBCC credit are clearly identified. Marywood University, Professional Continuing Education is solely responsible for all aspects of the program.

EDUCATORS

This course is approved for six (6) hours professional development ACT 48 hours.
NBCC Clock Hours: 6

PSYCHOLOGISTS

Marywood University is approved by the American Psychological Association to offer continuing education for psychologists. Marywood maintains responsibility for the program. Six (6) CE's.

SOCIAL WORKERS

This program is approved for six (6) continuing education hours for social works for NJ/NY/PA LSW licensure renewal.